

Notification Date: February 14, 2023 Effective Date: Immediately

Aminolevulinic Acid (ALA), Urine

Test ID: FALAU

Explanation: Effective immediately, Test ID FALAU, referred to ARUP Laboratories, will experience the following changes.

Current Specimen Required	New Specimen Required	
	Patient Preparation: Refrain from alcohol	
	consumption 24 hours prior to collection.	
Specimen Type: Urine		
	Specimen Type: Urine	
Submission Container/Tube: Sarstedt 5 mL		
Aliquot Tube (T914)	Submission Container/Tube: Sarstedt 5 mL	
	Aliquot Tube (T914)	
Specimen Volume: 4 mL		
	Specimen Volume: 4 mL	
Collection Instructions:		
Conection instructions:	Collection Instructions:	
	conection instructions.	
1. Collect urine for 24 hours (NO preservative).	1. Callest uning for 24 hours (NO massemustics)	
	1. Collect urine for 24 hours (NO preservative).	
2. Refrigerate specimen during the 24-hour		
collection.	2. Refrigerate specimen during the 24-hour	
	collection.	
Send specimen frozen in plastic vial		
	3. Send specimen frozen in plastic vial	
Collection volume and duration are required		
	4. Collection volume and duration are required	

Current Specimen Stability		
Specimen	Temperature	Time
Urine	Frozen (preferred)	30 days
	Refrigerated	4 days

New Specimer Stability	1	
Specimen	Temperature	Time
Urine	Frozen (preferred)	30 days
	Refrigerated	14 days

Questions

Contact MCL Referrals Supervisor Amy Bluhm at 800-533-1710.